

# LEAN AWARENESS COURSE

One Day  
Lean  
Awareness



## 1 Day - Company Based Training

The **easiest, fastest** and inexpensive way to learn the basics of Lean and **continuous improvement** activities.

*This basic training will introduce you to the ideas of Lean and continuous improvement. You'll learn about the fundamental principles of Lean and the powerful tools used to gain outstanding results. Designed to provide an introduction to Lean to equip participants with an understanding in order to become effective team members, support and contribute to improvement activities and being an effective member of a Lean implementation programme.*

### When to book this course

If you have been asked to participate in a team based improvement project or you would like to develop your skills in problem solving and improvement activities, then this 1-day training course is designed for anyone at all levels in an organisation to participate and support improvement projects. You will learn how to recognise and remove waste in your daily activities and organisation, how to organise your workplace better, find the root cause of problems and assist in the development of Lean processes and a continuous improvement culture.

### The Lean Aware Role

Lean aware people continuously improve their daily tasks and processes, participate and support team based Lean improvement activities and make valuable contributions to improvement projects and activities in their organisation becoming the foundation on which to build a Lean continuous improvement culture in your organisation.

### Course Content

An understanding of the principles of Lean, elimination of waste and continuous improvement together with the tools and techniques of Lean. Supporting improvement activities in developing smooth efficient processes and organising the workplace for improved productivity. The role as a team member and supporting the team leader/facilitator in the running and success of improvement workshops.

### Teaching Methods

Our Awareness training course is a mix of up-front teaching, individual and group exercises and fun but thought provoking games. During the 1-day course our trainers will illuminate the subject with real life examples of Lean implementations.

We have developed our own, proprietary course material based on industry best practice. You will receive all training material in a hard copy folder as well as digitally in PDF format.

### Typical Participants

Previous delegates have been from any and all levels in an organisation or individuals wishing to advance their careers and understanding of Lean and continuous improvement techniques. They are looking to increase their knowledge of Lean in order to understand, participate and support Lean workshops and improvement activities within their organisation or supply base.

### Prerequisites

An ideal delegate brings an open mind and strives for continuous personal development. Delegates will ideally be seeking to develop their understanding and abilities in order to actively participate in improvement activities and come prepared to enjoy the experience!

### Certification

Upon successful completion of the training, you will receive a certificate of training completion.

### Testimonials

*"I really enjoyed the course. It was action packed and good fun."*

*"I feel more confident in joining our improvements teams now and am looking forward to putting it in to practice when we start our programme off."*

### The Lean Awareness Course contains...

<b>Foundations of Lean continuous improvement</b>	A brief history and background of Lean and continuous improvement how and why it works. An understanding what world-class means.
<b>Fundamentals of Lean</b>	Understanding the cultural aspects of Lean, Deming's PDCA wheel, identifying and eliminating waste and organising for continuous improvement.
<b>Lean tools and techniques</b>	An introduction to the tools of Lean such as 5S, Visual controls, Process Mapping, One-Piece Flow, Line Balancing, Kanban. Examples from real life implementations of Lean.
<b>Problem solving tools</b>	Using powerful problem solving tools such as 5 whys, brainstorming, and Cause and Effect.
<b>Participating in Lean workshops</b>	The structure and nature of a Lean workshop, how to gain the most out of your participation and how to continue on your learning journey.